




5 for Life
 Early Childhood

FREE Drop In Gymnastics Time

Wednesday, October 15
 - 10:30 to 11:30 am

MUST Pre-register at 5forlife.ca
 Limit of 20 registered for each date

at Strathmore Gymnastics Centre,
 70 Slater Road - Bay 1, the second red building

A time for
 parents/
 caregivers
 and
 children
 (0 to 5
 years) to
 enjoy a
 new
 activity.

Parents/
 caregivers must
 be in
 attendance.

Registration at 5forlife.ca
For more information contact Growing Families Society at 403-361-7216



www.5forlife.ca