




5 for Life
 Early Childhood

FREE Drop In Gymnastics Time

Wednesday, November 12
 - 10:30 to 11:30 am

MUST Pre-register at 5forlife.ca
 Limit of 20 registered for each date

at **Strathmore Gymnastics Centre**,
 70 Slater Road - Bay 1, the second red building

A time for parents/ caregivers and children (0 to 5 years) to enjoy a new activity.

Parents/ caregivers must be in attendance.

Registration at 5forlife.ca
For more information contact Growing Families Society at 403-361-7216



www.5forlife.ca