



  
**5 for Life**  
 Early Childhood

# FREE Drop In Gymnastics Time

**A time for  
 parents/  
 caregivers  
 and  
 children  
 (0 to 5  
 years) to  
 enjoy a  
 new  
 activity.**

Parents/  
 caregivers must  
 be in  
 attendance.

**Wednesday, December 10  
 - 10:30 to 11:30 am**

**MUST Pre-register at [5forlife.ca](http://5forlife.ca)  
 Limit of 20 registered for each date  
 at Strathmore Gymnastics Centre,  
 70 Slater Road - Bay 1, the second red building**

**Registration at [5forlife.ca](http://5forlife.ca)  
 For more information contact Growing Families Society at 403-361-7216**



[www.5forlife.ca](http://www.5forlife.ca)