



  
**5 for Life**  
Early Childhood

# FREE Drop In Gymnastics Time

**A time for  
parents/  
caregivers  
and  
children  
(0 to 5  
years) to  
enjoy a  
new  
activity.**

Parents/  
caregivers must  
be in  
attendance.

**Thursday, October 19**

**- 10:30 to 11:30 am**

**MUST Pre-register at [5forlife.ca](http://5forlife.ca)**

Limit of 20 registered for each date

**at Strathmore Gymnastics Centre,  
70 Slater Road - Bay 1, the second red building**

**Registration at [5forlife.ca](http://5forlife.ca)**

**For more information contact Growing Families Society at 403-361-7216**



[www.5forlife.ca](http://www.5forlife.ca)