




5 for Life
Early Childhood

FREE Drop In Gymnastics Time

A time for
parents/
caregivers
and
children
(0 to 5
years) to
enjoy a
new
activity.

Parents/
caregivers must
be in
attendance.

Thursday, November 16

- 10:30 to 11:30 am

MUST Pre-register at 5forlife.ca

Limit of 20 registered for each date

at Strathmore Gymnastics Centre,
70 Slater Road - Bay 1, the second red building

Registration at 5forlife.ca

For more information contact Growing Families Society at 403-361-7216



www.5forlife.ca