

# Access to Food in Strathmore and Area

| Service                               | What you need to know   | Where to Go  |
|---------------------------------------|---|--|
| <b>WHEATLAND COUNTY FOOD BANK</b>     | <ul style="list-style-type: none"> <li>• <b>Food Hamper:</b> Call to apply and schedule appointment for pick-up</li> <li>• <b>Free bread</b> available Wednesdays 9-10am</li> <li>• <b>Serving</b> the County of Wheatland</li> <li>• One hamper every 2 months, up to 6 hampers every 12 months</li> </ul> | <p><b>Address:</b> 124 Orchard Way, Strathmore<br/> <b>Phone:</b> 403-324-4335<br/> <b>Hours:</b> Mon-Thurs 12-4pm (call)<br/> <b>ID, Alberta Health Care card, and address required</b> for each person in household or family<br/> <b>Self refer</b><br/> <b>Email:</b><br/> <a href="mailto:wheatlandfoodbank@gmail.com">wheatlandfoodbank@gmail.com</a><br/> <b>Website:</b><br/> <a href="http://wheatlandfoodbank.com">http://wheatlandfoodbank.com</a></p>                |
| <b>HARVEST HEALING CENTRE CHURCH</b>  | <ul style="list-style-type: none"> <li>• <b>Abraham's Plate:</b> Free soup and sandwich available Saturdays 11:30am-1pm</li> <li>• <b>Free bread:</b> Available Wed 6:30-7:30pm and Sat 11am-1pm</li> <li>• Available to anyone living in Strathmore and surrounding area</li> </ul>                        | <p><b>Address:</b> 102 Canal Gardens, Strathmore<br/> <b>Phone:</b> 403-880-3171<br/> <b>Email:</b> <a href="mailto:justiceharvest@gmail.com">justiceharvest@gmail.com</a><br/> <b>Website:</b><br/> <a href="http://harvesthealingcentre.com/">http://harvesthealingcentre.com/</a></p>   |
| <b>STRATHMORE GOOD FOOD BOX</b>       | <ul style="list-style-type: none"> <li>• <b>Good value fresh vegetable and fruit box</b></li> <li>• Call for order and pick-up dates</li> <li>• <b>Cost:</b> \$27 for small box (~25lbs), \$32 for medium box (~35lbs) or \$37 for large box (~45lbs)</li> </ul>  | <p><b>Address:</b> 116, 3<sup>rd</sup> Ave, Strathmore<br/> <b>Phone:</b> 403-934-9090<br/> <b>Hours:</b> Mon-Fri 8:30am-4:30pm<br/> <b>Email:</b> <a href="mailto:fcss@strathmore.ca">fcss@strathmore.ca</a><br/> <b>Website:</b><br/> <a href="https://strathmore.ca/residents/townservices/fcss/fcssgoodfoodbox">https://strathmore.ca/residents/townservices/fcss/fcssgoodfoodbox</a></p>  |
| <b>STRATHMORE FROZEN MEAL PROGRAM</b> | <ul style="list-style-type: none"> <li>• <b>Meal pick up at office:</b> frozen entrées, baked goods, soups and family-sized meals (Diabetes, Renal, Gluten-free and texture modified options)</li> <li>• <b>Cost:</b> Vary by product</li> <li>• Available to everyone</li> </ul>                           | <p><b>Address:</b> 116 3<sup>rd</sup> Ave, Strathmore<br/> <b>Phone:</b> 403-934-9090<br/> <b>Hours:</b> Mon-Fri 8:30am-4:30pm<br/> <b>Email:</b> <a href="mailto:fcss@strathmore.ca">fcss@strathmore.ca</a><br/>           See webpage for <b>order</b> and <b>pick-up</b> schedule<br/> <b>Website:</b><br/> <a href="https://strathmore.ca/residents/townservices/fcss/fcssfrozenmealprogram">https://strathmore.ca/residents/townservices/fcss/fcssfrozenmealprogram</a></p> |

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| <b>STRATHMORE MEALS ON WHEELS</b>     | <ul style="list-style-type: none"> <li>• <b>Delivery of hot supper</b></li> <li>• Monday to Friday, 4-5pm</li> <li>• <b>Cost:</b> \$10 per meal</li> </ul>  | <p><b>Address:</b> 200 Brent Boulevard, Strathmore<br/>General Hospital (in the cafeteria)<br/><b>Phone:</b> 403-324-0655<br/><b>Hours:</b> Mon-Fri (leave message)</p>   |
| <b>WHEATLAND COUNTY GOOD FOOD BOX</b> | <ul style="list-style-type: none"> <li>• <b>Good value fresh vegetable and fruit box</b></li> <li>• Available to everyone</li> <li>• Call or see webpage for order/pay by and pick-up dates</li> <li>• <b>Cost:</b> \$27 for small box (~25lbs), \$32 for medium box (~35lbs) or \$37 for large box (~45lbs)</li> </ul> | <p><b>Address:</b> Wheatland FCSS Office 8 km east of Strathmore on Highway 1 &amp; Range Road 243<br/><b>Phone:</b> 403-934-5335<br/><b>Hours:</b> Mon-Fri 9am-4:30pm<br/><b>Email:</b> <a href="mailto:info@wfcss.org">info@wfcss.org</a><br/>See the webpage for the order and pick-up schedule<br/><b>Website:</b><br/><a href="http://www.wfcss.org/good-food-box.html">www.wfcss.org/good-food-box.html</a></p>           |
| <b>WHEATLAND MEALS ON WHEELS</b>      | <ul style="list-style-type: none"> <li>• <b>Meal pick up at office:</b> frozen entrées, baked goods, soups and family-sized meals (Diabetes, Renal, Gluten-free and texture modified options)</li> <li>• <b>Cost:</b> Vary by product</li> <li>• Available to everyone</li> </ul>                                       | <p><b>Address:</b> Wheatland FCSS Office 8 km east of Strathmore on Highway 1 &amp; Range Road 243<br/><b>Phone:</b> 403-934-5335<br/><b>Hours:</b> Mon-Fri 9am-4:30pm<br/><b>Email:</b> <a href="mailto:info@wfcss.org">info@wfcss.org</a><br/>See webpage for order/pick-up schedule and menu with pricing<br/><b>Website:</b> <a href="http://www.wfcss.org/meals-on-wheels.html">www.wfcss.org/meals-on-wheels.html</a></p> |
| <b>COMMUNITY LUNCH CLUB</b>           | <ul style="list-style-type: none"> <li>• <b>Lunch for seniors 55+</b></li> <li>• Voluntary donation</li> <li>• Program runs from October until June</li> <li>• Tuesdays, twice/months, 11am – 1pm</li> <li>• At Lord of All Lutheran Church, 112 Lakeside Blvd. Strathmore</li> </ul>                                   | <p><b>Address:</b> Growing Families Society 650 Westchester Road, Strathmore<br/><b>Phone:</b> 403-361-7216<br/><b>Email:</b> <a href="mailto:gomrb@telus.net">gomrb@telus.net</a><br/><b>Website:</b><br/><a href="http://www.bridgingthegapalberta.ca">www.bridgingthegapalberta.ca</a></p>   |