## **Access to Food in Strathmore and Area**

Service	What you need to know	Where to go
WHEATLAND COUNTY FOOD BANK	<ul> <li>Food Hamper: Call to apply and schedule appointment for pick-up</li> <li>One hamper every 30 days, up to 6 hampers every 12 months</li> <li>ID, Alberta Health Care card, and address required for each person in household or family</li> <li>Bread &amp; Extras Tues, Wed, Thurs 9-10:30am- Can access once per week</li> <li>Serving Strathmore &amp; Wheatland County</li> </ul>	Address: 122 Canal Gardens, Strathmore Phone: 403-324-4335 Phone hours: Mon-Thurs 12-4pm (call) Free bread & extras hours: Tues, Wed, Thurs 9am-10:30am Hamper Pickup: Fridays by appointment Email: info@wheatlandfoodbank.com Website: http://wheatlandfoodbank.ca
HARVEST HEALING CENTRE CHURCH	<ul> <li>Free bread and food staples</li> <li>Pick-up: Saturdays 10:30am-12pm</li> <li>Serving anyone living in Strathmore and surrounding area</li> </ul>	Address: 102 Canal Gardens, Strathmore Phone: 403-880-3171 Email: justiceharvest@gmail.com Website: http://harvesthealingcentre.com/
STRATHMORE GOOD FOOD BOX	<ul> <li>Good value fresh vegetable and fruit box</li> <li>Call for order and pick-up dates.</li> <li>Cost \$32 for small box (~25lbs), \$37 for medium box (~35lbs) or \$42 for large box (~45lbs)</li> <li>Pre-pay when ordering. Visa or Mastercard accepted by phone. Debit and cash accepted in person.</li> </ul>	Address: 1 Parklane Drive, Strathmore Phone: 403-934-9090 Hours: Mon-Fri 8:30am-4:30pm Email: fcss@strathmore.ca Website: https://strathmore.ca/residents/town services/fcss/fcssgoodfoodbox
STRATHMORE FROZEN MEAL PROGRAM	<ul> <li>Frozen meals: frozen entrées, baked goods, soups and family-sized meals (diabetes, renal, gluten-free and texture modified options)</li> <li>Cost: Varies by item</li> <li>Order by Tuesday for delivery the following Tuesday</li> <li>Free delivery in Strathmore or pick up at the Strathmore FCSS Office</li> <li>Pre-pay when ordering. Visa or Mastercard accepted by phone. Debit and cash accepted in person.</li> </ul>	Address: 1 Parklane Drive, Strathmore Phone: 403-934-9090 Hours: Mon-Fri 8:30am-4:30pm Email: fcss@strathmore.ca Website: https://strathmore.ca/residents/town services/fcss/fcssfrozenmealprogram See webpage for order and pick-up schedule



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Service	What you need to know	Where to go
STRATHMORE MEALS ON WHEELS	<ul> <li>Delivery of hot supper</li> <li>Monday to Friday, 4-5pm</li> <li>Cost: \$10 per meal</li> </ul>	Address: 200 Brent Boulevard, Strathmore General Hospital (in the cafeteria) Phone: 403-324-0655 Hours: Mon-Fri (leave message) Email: strathmoremealsonwheels@gmail.com
WHEATLAND COUNTY GOOD FOOD BOX	<ul> <li>Good value fresh vegetable and fruit box</li> <li>Call or see webpage for order/pay by and pick-up dates</li> <li>Cost: \$32 for small box, \$37 for medium box or \$42 for large box</li> <li>Pay by e-transfer or credit card (sent 2 days before pick-up) or cash/cheque at pick-up</li> <li>Temporary subsidy available to low-income Wheatland County residents</li> </ul>	Address: Wheatland FCSS Office 8 km east of Strathmore on Highway 1 & Range Road 243 Phone: 403-934-5335 Hours: Mon-Fri 9am-4:30pm Email: info@wfcss.org Website: www.wfcss.org/good-food-box.html See the webpage for the order and pick-up schedule
WHEATLAND MEALS ON WHEELS FROZEN PROGRAM	<ul> <li>Frozen meals: frozen entrées, baked goods, soups and family-sized meals (diabetes, renal, gluten-free and texture modified options)</li> <li>Order online or by phone</li> <li>Cost varies by product</li> <li>Pay by cash, cheque or e-transfer</li> <li>Pick up at the Wheatland FCSS Office</li> <li>Delivery available for Wheatland County residents.</li> </ul>	Address: Wheatland FCSS Office 8 km east of Strathmore on Highway 1 & Range Road 243 Phone: 403-934-5335 Hours: Mon-Fri 9am-4:30pm Email: info@wfcss.org Website: www.wfcss.org/meals-on-wheels.html See webpage for order/pick-up schedule and menu with pricing
STRATHMORE & WHEATLAND COUNTY CHRISTMAS HAMPER SOCIETY	<ul> <li>Christmas food/toy hamper</li> <li>Must qualify</li> <li>Call to register. You will be asked for financial information</li> <li>Operates from November 14 – December 13</li> <li>Serving people living in Strathmore &amp; Wheatland County</li> </ul>	Phone: 403-934-2266 (phone only in operation from Nov 14 – Dec 13)  Email:



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BRIDGING THE GAP LUNCH CLUB	<ul> <li>Lunch for seniors 55+</li> <li>Voluntary donation</li> <li>Program runs from September – June</li> <li>Tuesdays, twice/month, 11am – 1pm</li> <li>At Lord of All Lutheran Church, 112 Lakeside Blvd. Strathmore</li> </ul>	Address: Growing Families Society 650 Westchester Road, Strathmore Phone: 403-361-7216 Email: <a href="mailto:btgalberta@outlook.com">btgalberta@outlook.com</a> Website: <a href="mailto:www.bridgingthegapalberta.ca">www.bridgingthegapalberta.ca</a>
HEART TO HOME MEALS	<ul> <li>Delivery of meals: frozen meals to be reheated</li> <li>Orders must be placed online or by phone prior to noon 2 business days before delivery day</li> <li>Cost: senior-sized meals \$8-14/meal</li> <li>Minimum order: \$20</li> <li>Serving: Strathmore, Chestermere, Langdon</li> </ul>	Phone: 1-844-431-2800 Email: calgary@hearttohomemeals.ca Website: www.hearttohomemeals.ca Delivery: Every second Tuesday

